

Cleveland County Kitchen
July 2017
Food of the Month – Honey
Chef Jeanette Sun
Ni Fen Kitchen, Shelby, NC
Chef's Recipes



Roasted Cauliflower Steak with Green Goddess Sauce and Honey Drizzle

Roasted Cauliflower Steaks

Ingredients:

1 large cauliflower, cut into 1/2-inch steaks or florets
1 Tbsp. olive oil
1 Tbsp. Herbs de Provence, Italian seasoning, or fresh or dried herbs (i.e. thyme, rosemary, tarragon, basil, etc.)
Fresh lemon and orange zest
Salt and pepper to taste

Honey - for drizzling over roasted cauliflower steaks

Directions:

Preheat oven to 425 degrees. Line a rimmed baking sheet pan with parchment paper. Spread cauliflower steaks evenly on the lined sheet pan; drizzle with olive oil and sprinkle with herbs, zest, salt and pepper. Toss to coat. Bake in hot oven for 12 minutes, or until lightly browned and to desired doneness. Plate by spooning some of the Green Goddess Sauce on the plate, placing the roasted cauliflower steak, then drizzling with more Green Goddess Sauce and honey.

Green Goddess Sauce

Yield: 1/3 cup

Ingredients:

2 Tbsp. parsley	2 Tbsp. tarragon	1/2 cup mayonnaise	2 Tbsp. sour cream
2 Tbsp. goat cheese	1 Tbsp. lemon juice	1 Tbsp. lime juice	Salt and pepper to taste

Directions:

Combine herbs in a food processor and blend to form a smooth paste. In a bowl, combine mayonnaise, sour cream, goat cheese, lemon juice, and lime juice. Add the herbs to the mayonnaise mixture and stir to combine. Season with salt and pepper.

Enjoy this Green Goddess Sauce as a drizzle over roasted vegetables or as a dip or salad dressing.

Made Available by:

NC Cooperative Extension Cleveland County Center
130 South Post Road, Suite 1, Shelby, NC 28152
704-482-4365
cleveland.ces.ncsu.edu
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