## Free Dial Gauge Pressure Canner Testing Available

Don't you just love all of the great fresh fruits and vegetables that are part of summer? Whether you are growing your own or purchasing at our local farmers market, it is exciting to have enough fresh products to enjoy now and preserve some for later!

In recent years, we have seen an increase in the number of people interested in preserving food at home. This year, due to COVID-19 and increasing concerns about where our food comes from and food safety, even more people are seeking this information.



<u>All low acid products must be pressure canned.</u> It is recommended that dial gauge home pressure canners be checked and tested for accuracy each year. Several things can affect the accuracy of the gauge: handling, regular use, age, and storage conditions. A gauge that is not accurate can be dangerous and can affect the safety and quality of the foods you preserve.

NC Cooperative Extension Cleveland County Center is offering this free dial gauge pressure canner testing service again this year. We also have available, research-based information and recipes using all methods of food preservation.

Call the NC Cooperative Extension Cleveland County Center at 704-482-4365 or email Nancy Abasiekong, Extension Agent Family & Consumer Sciences, at <u>nancy\_abasiekong@ncsu.edu</u> to request information or arrange a time for canner testing.

Bring only your dial-gauge pressure canner lid with gauge and rubber gasket, if it has a gasket. Due to COVID-19 our office schedule has changed, but we are available through phone and email.

We all know the joys of preserving summer's bounty for the cold days of winter, when delicious fruits and vegetables taste even better! NC Cooperative Extension is pleased to answer your questions and provide research-based information from Cooperative Extension, the National Center for Home Food Preservation (nchfp) and other research-based resources. We look forward to hearing from you this season!

Made Available By: NC Cooperative Extension Cleveland County Center 130 South Post Road, Suite 1 Shelby, NC 28152 704-482-4365 cleveland.ces.ncsu.edu

